

*Care to start with a nibble to accompany your beverage ?* 

HOUSE BREAD & EXTRA VIRGIN OIL

£3.95

**OLIVES & NUTS** 

**£4.95** 

# Spring 2024

2-Courses £19.95 pp 3-Courses £23.95 pp

Some dishes are subject to a supplementary charge as mentioned in the menu.

# *Would you care to start with a soup or salad ?*

A steaming

#### **ROASTED FRENCH ONION SOUP**

Melting cheese on toast, roasted with Spanish onions

or

A lighter option

#### CREAMY BUTTERSQUASH SOUP (VEGAN)

A little sweet, a bit of spice, and super creamy texture.

(Served with homemade focaccia)

#### GARDEN SALAD

with sliced black and kalamata olives, sundried tomatoes, boiled egg, crispy croutons and extra virgin olive oil ( Choose from Caesar, honey mustard and thyme vegan dressing. Vegan option is served minus the egg.

#### SOUP AND SALAD PLATTER

Roasted butter squash soup, garden salad focaccia bread and Yellow cheddar cheese.

#### (Supplement £3.95)

## Mains

### What may we cook for you today ?

#### **GRILLED TOFU CHIMICHURI (VEGAN)**

Grilled Tofu marinated in Marinara sauce stuffed with vegan cheese and chimichuri.

#### FRESHLY MADE PAPARDELLE IN PESTO SAUCE (V) OPTION

With herbs and olives. We could serve you a vegetarian option with seasonal vegetables or pork sausage.

#### CHICKEN ROULADE

Pounded chicken breast stuffed with Philadelphia cheese and chicken mince mixed with aromatic herbs. Served with jacket potato and grilled vegetables.

#### LAMB CHOPS

Herb crusted lamb chops served with creamy mash potatoes, poached pear and red wine jus

#### (Supplement £8.95)



#### FISH, CHIPS, HOMEMADE CRISPS AND PEA FRITTERS

Beer battered with a gourmet twist

#### **GRILLED SALMON**

Served with Orange reduction, potato puree and vegetables.

(Supplement £4.95)

#### FRESH FISH FROM NEWLYN

Please ask your server about the selection of the day

#### (Supplement £6.95 | May to September)

#### FRESH CORNISH CRAB

Choose between poached whole crab served with lemon butter sauce on the side or crab thermidor. Both options are served with roasted vegetables, chick-pea hummus and homemade crisps.

(Pre-Order before 04:00 PM | Supplement £18.95 | May to September)

## And finally, The sweet things in life.....

#### HOME MADE ARTISAN ICE CREAM

Choose two scoops from Salted Caramel, Belgian Chocolate, Coffee Oreo and Madagascar Vanilla

#### CHEESE PLATTER

Trio of cheese's served with chutney and crackers

# If you are in a mood for some aroma therapy may we suggest our

#### AROMATIC CHOCOLATE DOME

Home-made chocolate dome filled with artisan ice-cream on a bed of vanilla cream that melts when drizzled with hot caramel sauce.

#### (Supplement £4.95)